



NELSIE AGONIAS TAHIL

CAREER OBJECTIVES

I am a dedicated, goal oriented and hard- working individual. I am focused, positive-minded and believe in continuous learning and improvement. I am ambitious to environment, embark on a strategic level position in a dynamic environment, where I can utilize my skills to contribute towards the organization’s growth.

SKILLS & ABILITIES

- Able to communicate coherently both oral and written.
- A friendly and tactful manner.
- Patience and good listening skills; you could spend up to two hours with one client.
- Good hand-eye coordination.
- Some artistic and creative ability.
- Good hand skills to do small and detailed work.

PROFESSIONAL EXPERIENCE

DIET CLERK/WAITRESS - MINISTRY OF NATIONAL GUARD HEALTH AFFAIRS KING ABDULAZIZ MEDICAL CITY, RIYADH

September 2017 - November 2020

Duties and Responsibilities

- Reviewing patients' dietary requirements and preferences and discussing them with Dieticians to develop healthy menus and nutritional care plans.
- Preparing individual dietary menus based on patients' medical conditions, physical health, preferences, and distastes.
- Assisting with meal preparation and serving.
- Inspecting special diet trays to ensure they comply with the dietary restrictions.
- Monitoring patients' eating habits and reporting problems with swallowing, chewing, or loss of appetite.
- Counseling and educating patients and their families on proper nutrition.
- Assisting the Cook with determining kitchen supplies and stock for the day, as well as checking and maintaining stock levels.
- Assisting with cleaning duties in the kitchen and dining areas.
- Maintaining current knowledge of recent health food trends and cooking techniques.

COUNTER CREW - JOLLIBEE FOODS CORPORATION

NOVALICHES, QUEZON CITY, PHILIPPINES

March 2007 - August 2007

Duties and Responsibilities

- Greeting customers as they arrive and making them feel welcome. Directing customers to their seats and the restroom, answering questions about the menu, and making note of special requests, if required. Serving food to diners from a counter or, if seated, taking their orders. Communicating food and drink orders to the kitchen staff. Assembling and packaging takeaway orders. Maintaining cleanliness standards by keeping the counters, tableware, and utensils clean. Replenishing food supplies when required. Presenting customers with the bill and processing payments. Complying with company policies.

EDUCATION

SECONDARY

New Corella National High School
Purok 4, Poblacion, New Corella, DDN
School Year: 2004 - 2005

PRIMARY

New Bohol Elementary School
New Bohol, New Corella, DDN
School Year: 1999 - 2000

PERSONAL INFORMATION

Age: 34
Gender: Female
Date of Birth: November 1, 1987
Place of Birth: Tagum, Davao
Civil Status: Single
Citizenship: Filipino

CHARACTER REFERENCES

Abdullah Al Askar
Chef
Food Services Contracts Operation Ministry of National Guard Health Affairs

Naser Al Khaldi
HR Manager
Saudi Medical System Co.

I, undersigned, certify that the above information is true and correct to the best of my knowledge and belief.


NELSIE AGONIAS TAHIL
Applicant