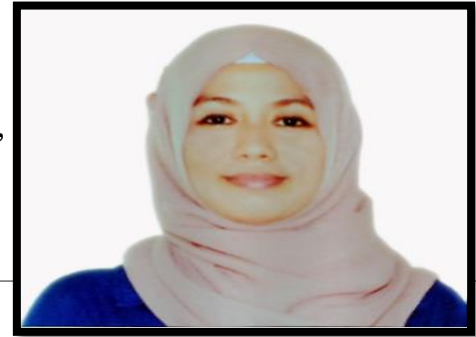


EVELYN ASARUD PAREDES

Permanent Address: BLOCK 27 LOT 39 PHASE 2 11 HECTAR TOWERVILLE,
MINUYAN PROPER SAN JOSE DEL MONTE BULACAN PHILIPPINES
(+63) 927 492 3353
Email: elynparedes14@gmail.com
POSITION DESIRED: WAITRESS



To be part of your company, which provides the opportunity for advancement, continues growth and development in high standard of service for competency and quality work. Where I can practice, share my skill and capabilities in some related field of work.

SKILLS AND ABILITIES

- FLEXIBLE
- HARDWORKING
- PROFICIENT IN MICROSOFT WORD, EXCEL, AND POWERPOINT

EXPERIENCES

WAITRESS

GRAND ASTORIA HOTEL
MAYOR JALDON, ZAMBOANGA CITY PHILIPPINES
DECEMBER 09, 2020 – DECEMBER 10, 2021

- GREETING CUSTOMERS
- TAKING CUSTOMER ORDERS
- SERVE FOOD AND BEVERAGES
- CLEANING TABLE AND UTENSILS

DIETITIAN

SAUDI MEDICAL SYSTEM LTD.(SMS)
KING ABDULAZIZ MEDICAL CITY,
MINISTRY OF NATIONAL GUARD-HEALTH AFFAIRS
RIYADH KINGDOM OF SAUDI ARABIA
OCTOBER 29, 2018 - SEPTEMBER 10, 2020

- MENU PLAN
- DIET TECHNICIAN

DIETITIAN

SAUDI MEDICAL SYSTEM LTD. (SMS)
PRINCE MOHAMMED BIN ABDULAZIZ MEDICAL CITY,
MINISTRY OF NATIONAL GUARD-HEALTH AFFAIRS
ALMADINAH KINGDOM OF SAUDI ARABIA
FEBRUARY 20, 2013 - MARCH 08, 2018

- DIET TECHNICIAN
- PREPARING FOOD FOR THE PATIENTS

WAITRESS

LANTAKA HOTEL BY THE SEA INC.

N.S. VALDEROSA STREET, ZAMBOANGA CITY

AUGUST 25, 2011 – OCTOBER 25, 2012

- **GREETING CUSTOMERS AND DISTRIBUTING MENUS**
- **TAKING CUSTOMER ORDERS**
- **SERVE FOOD AND BEVERAGES**
- **PREPARE BILLS AND PROCESS PAYMENT**

EDUCATIONAL ATTAINMENT

TERTIARY

BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS (BSND)

BASILAN STATE COLLEGE (BaSC)

ISABELA CITY, BASILAN

S.Y: JUNE 2009 - MARCH 2011

GRADUATE

VOCATIONAL

NURSING ASSISTANT (NA)

BASILAN STATE COLLEGE

ISABELA CITY, BASILAN

S.Y: JUNE 2007 - MARCH 2009

GRADUATE

COMPUTER OPERATION AND PROGRAMMING

COMPUTER TECHNOLOGIES INSTITUTE INC.

PORT AREA ISABELA CITY, BASILAN

S.Y: JUNE 2004 - MARCH 2006

GRADUATE

SECONDARY

BASILAN NATIONAL HIGH SCHOOL

ISABELA CITY, BASILAN

S.Y: 1999 – 2002

GRADUATE

PRIMARY

TANDUNG-AHAS ELEMENTARY SCHOOL

TANDUNG-AHAS LAMITAN CITY, BASILAN

S.Y: 1994 – 1999

GRADUATE

PROFILE

DATE OF BIRTH	:	FEBRUARY 14, 1986
CIVIL STATUS	:	SINGLE
AGE	:	36 years old
GENDER	:	FEMALE
STATUS	:	SINGLE
HEIGHT	:	149.86cm
WEIGHT	:	50kg.
NATIONALITY	:	FILIPINO
RELIGION	:	ISLAM
LANGUAGES	:	ENGLISH, BASIC ARABIC

AVAILABLE DOCUMENTS

NUMBER : P8495510B
PLACE OF ISSUE : DFA NCR NORTHEAST
DATE OF ISSUE : DECEMBER 17, 2021
EXPIRY DATE : DECEMBER 16, 2031

TRAINING AND SEMINARS

**FOOD AND BEVERAGES (144 HRS. OJT)
LANTAKA HOTEL BY THE SEA INC.
N.S. VALDEROSA STREET, ZAMBOANGA CITY
JULY 18, 2011 – AUGUST 13, 2011**

**FIRE & SAFETY TRAINING
KING ABDULAZIZ MEDICAL CITY,
MINISTRY OF NATIONAL GUARD-HEALTH AFFAIRS
RIYADH KINGDOM OF SAUDI ARABIA
JANUARY 15, 2020**

**1ST HOTEL AND RESTAURANT CONGRESS
ZAMBOANGA CITY COLISEUM, DON ALFARO TETUAN ZAMBOANGA
CITY
SEPTEMBER 25, 2010**

**FLAIR BARTENDING AND RESORT SHIPPING OPERATION
RIGODON PATIO PALMERAS PASONANCA, ZAMBOANGA CITY
JUNE 23, 2010**

REFERENCES

MR. SULIMAN HUSSEIN, CMD
(PROJECT MANAGER)
SAUDI MEDICAL SYSTEM LTD. (SMS)
ALMADINAH KINGDOM OF SAUDI ARABIA
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MRS. SITTI ARNA A. JAGOH, RND
(CLINICAL INSTRUCTOR)
BASILAN STATE COLLEGE
09755638026

MRS. HULMA I. ALA
(CLINICAL INSTRUCTOR)
BASILAN STATE COLLEGE

***I hereby certify that the above information is true and correct to
the best of my knowledge and belief.***


EVELYN ASARUD PAREDES
Applicant