

**PERSONAL DATA:**

**First Name:** Carl Dave

**Last Name:** Benliro

**Nationality:** Filipino

**Date of Birth:** April 09, 1988

**Status:** Married

**Email Address:** davebenliro88@yahoo.com.ph

**Language:** English, Tagalog

**Mobile No.:** +639952115900

**OBJECTIVE**

To practice nursing, which will make use of comprehensive health care training, excellent communication skills and self-directed prioritization. I am a dedicated individual, very responsible and capable of carrying out tasks with excellence. I always strive to do my best in everything that I do.

**PROFESSIONAL EDUCATION**

 2006-2010 College **Bachelor of Science in Nursing**

 College of Nursing, University of Mindanao

 Davao City

 2001-2005 Secondary **Sta. Ana National High Schoo**l,

 Davao City

 1995-2001 Primary **S.I.R. Elementary School,**

 Davao City

**WORKING EXPERIENCE**

**Southern Philippines Medical Center**

JP Laurel Bajada, Davao City

ICU Nurse

October 12, 2022- Present

**Almana General Hospital**

Al Khobar, Kingdom of Saudi Arabia

Medical ICU Nurse

May 7, 2019- June 29, 2022

* Completes head to toe assessment to all patients and develops a written care plan upon admission.
* Initiates cardiac monitoring, oxygen therapy, invasive/non-invasive BP and oximetry, evaluate IV site, and evaluates existing drainage systems/catheters in place.
* Assesses the patient’s learning needs. Participates in patient/family teaching and works collaboratively with other health care team.
* Recognizes cardiac arrhythmias. Intervenes as per physician orders, ACLS protocols or ICU standing orders.
* Re-assesses patient status to identify progress of care and treatment or condition that requires further intervention, report as indicated.
* Ability to care for patients whose condition requires close observation, competent in care and monitoring of patient on mechanical ventilator and tracheostomy.
* Demonstrates skill in the operation/usage/ safe handling of equipment used in the unit.
* Competent in assisting clinician in any invasive procedures.
* Monitors patient with invasive monitoring (e.g. CVP)
* Ability to monitor hemodynamic status of patient.

**Ricardo Limso Medical Center**

V. Illustre St. Davao City

ICU Nurse

April 1, 2016- April 15, 2019

* Assess patients to determine the intensity of disease or trauma and create nursing care plans to meet his or her specific requirements
* Treat wounds by cleaning them by following preset directives and ensure that they are properly bandage and stilted.
* Records patients vitals including blood pressure, temperature and pulse in patients logbooks, on a periodic basis
* Administer oral medication and intravenous and intramuscular fluids, by first determining if patients have any allergies to medicine compounds.
* Observe patients to determine signs of discomfort or changes in conditions and ensure that any significant observations are communicated to the nurse manager or doctor.
* Respond to life-saving situations by performing first aid and CPR, in accordance to standard nursing protocols for treatment.
* Set up, regulate and maintain life saving or life maintenance equipment such as ventilators, and records patients response in an accurate manner
* Monitor catheters, leads and tubing to ensure proper placement and functioning.
* Calculate medication doses and titrate potent medications
* Insert and care for specialized venous and arterial infusions.
* Provide care to dying patients and provide education and support to family members faced with critical decisions.

**Carlos P. Acosta Clinic and Hospital**

L. Manuel St. Daliao Toril, Davao City

ER Staff Nurse

February 1, 2012- February 29, 2016

* Take care and treat ill, injured, and disabled patients.
* Assisted the physician in treatments and minor surgical operations.
* Records the patient's symptoms and keep the patient’s medical records up to date, operate medical equipment.
* Administer medications and treatment and do follow-up visits when necessary.
* Manages basic life support needs and stabilizes patients until the attending physician is available, based upon nursing standards and protocol.
* Prepares and administers (orally, subcutaneously, through an IV) and records prescribed medications.
* Provided a broad range of general nursing care services in areas of vital signs, ECG, catheters, feeding tubes and IV insertion.
* Cleans and bandages wounds.
* Provides basic, bedside care.
* Maintains proper supplies and appropriate medical equipment to care for patients

**LICENSE/CERTIFICATES**

* Nurse Specialist

 By: Saudi Commission for Health Specialties

 •. Registered Nurse (License No. 0672409)

 By: Republic of the Philippines

 Professional Regulation Commission (PRC)

 •. Certified IV Therapy Nurse (Card No. 11-014857)

 By: Association of Nursing Service Administrators of the Philippines, Inc.

 (ANSAP)

* Member of the Philippine Nurses Association, Inc (PNA No. 094000)

**KEY SKILLS & STRENGTH**

* Computer Literate
* Hardworking and energetic; flexible; adapt easily to change of environment and work schedule.
* Cooking

**SEMINAR/TRAINING ATTENDANTS**

• “BASIC LIFE SUPPORT (BLS) COURSE” conducted by Institute for Nursing Enrichment Training Center held at JICA building SPMC, Bajada, Davao City on February 8, 2014.

• “ADVANCED CARDIOVASCULAR LIFE SUPPORT (ACLS) COURSE” conducted by Institute for Nursing Enrichment Training Center held at JICA building SPMC, Bajada, Davao City on February 10, 2014.

• “Conscious Sedation” held at Almana General Hospital Dammam KSA on July 18, 2019.

* “Basic Life Support Course” held on June 6, 2021 accredited by Saudi Heart Association.
* “Advance Cardiac Life Support Course held on December 31, 2020 accredited by Saudi Heart Association.

**Character Reference**

**JULIET DEL CASTILLO, RN**

Head Nurse

Ricardo Limso Medical Center

V. Illustre Street Davao City

Mobile No. 09272827554

**ADIL MARTINEZ ARIP, RN**

Unit QI/Staff Nurse

Almana General Hospital

Al Khobar, Kingdom of Saudi Arabia

Mobile No. +966542531542

**AMR MOHAMED EMARA KHALIFA**

ICU Intensivist Doctor

Almana General Hospital

Al Khobar, Kingdom of Saudi Arabia

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